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The Nello

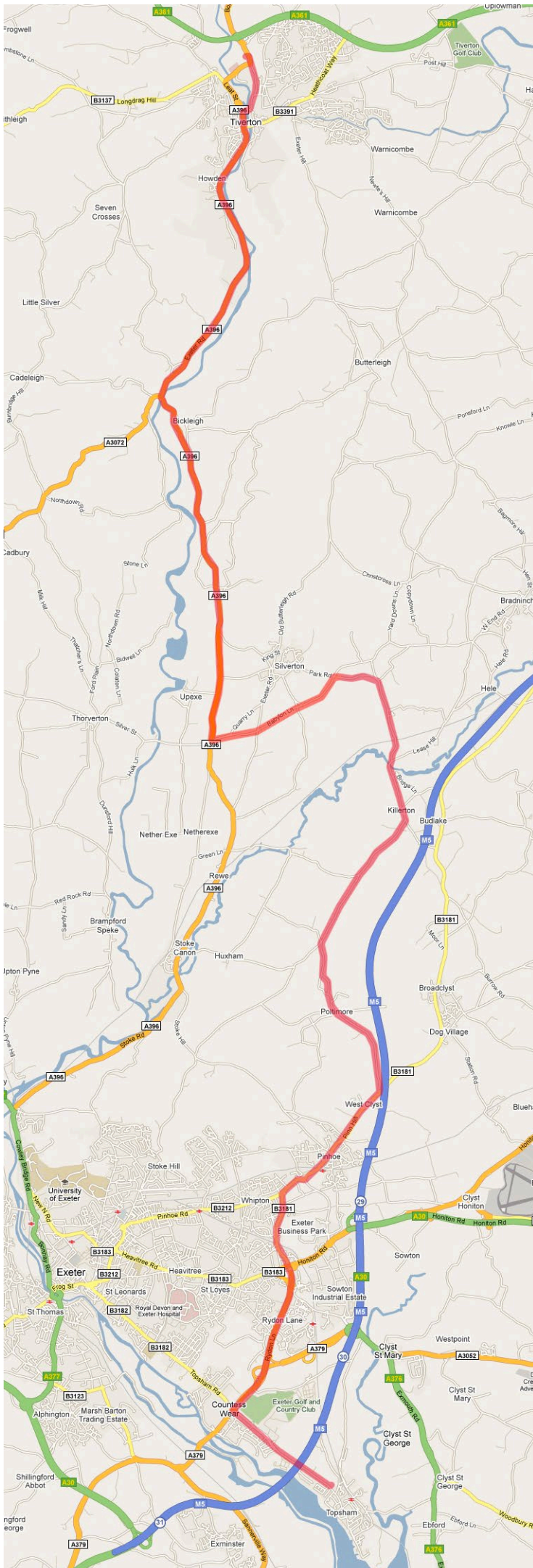
60 MILE ROUTE

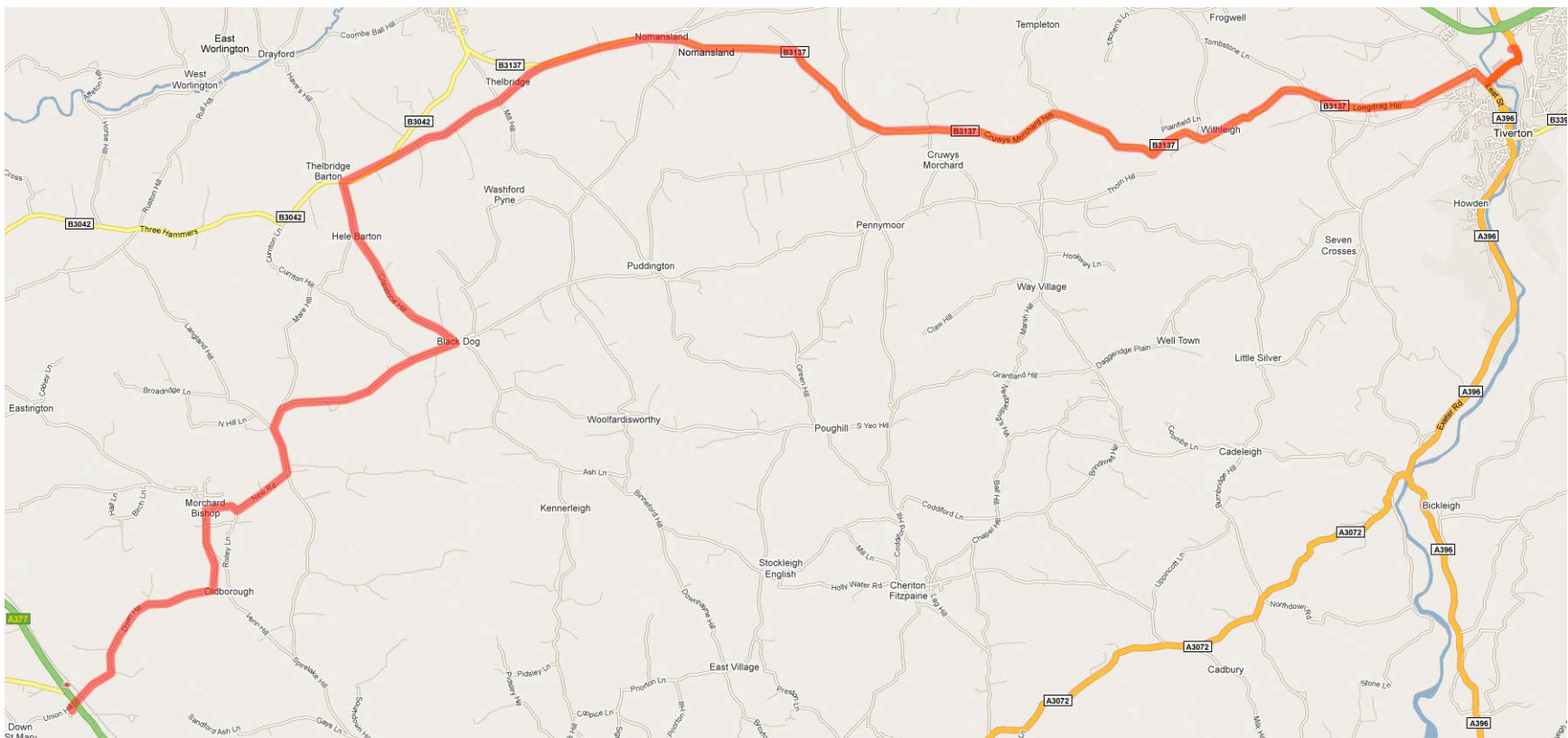


Stage 1 Topsham Rugby Club to Tiverton Rugby Club (20.6 Miles)

Depart Rugby Club; **TnRt** for Countess Wear **rbt**. ♦ **TnRt** at Countess Wear rbt (sp *Pinhoe, Broadclyst, Honiton*). [1.2] ♦ Straight over Middlemoor **rbt**, continue towards **Broadclyst**. ♦ Go straight over at Sainsbury's **t/lts** ♦ After 500 metres **TnLt** at traffic lights (sp *Pinhoe Broadclyst B3181*) [4.1] ♦ Straight over **2 mini rbts** in **Pinhoe**, head for **Broadclyst**. [4.5] Continue until the turning for **Poltimore** and turn **left** [5.4] ♦ Go through & out of the village, winding around, and at the crossroads (Bowls Cross) turn **right** [7.2] ♦ Cycle past Killerton and at the junction turn **left** [8.8] ♦ Turn left at Red Cross [10.9] ♦ Go straight over at Poundsland [11.4] and again straight over at Stumpy Cross [11.9] ♦ **PLEASE SLOW DOWN AS MAJOR JUNCTION APPROACHING** - and **TnRt** onto **A396** towards **Tiverton**. [12.4] ♦ In **Bickleigh**, cross bridge and **BrRt** towards **Tiverton**, stay on **A396** [16.3] ♦ As you approach **Tiverton** [19.6], go over 2 mini rbts, sp *Witheridge*. ♦ **TnRt** at third mini rbt (by Gerry's Newsagents) to town centre [19.9] ♦ Continue over bridge and follow road around to the left. ♦ **TnLt** at the junction (Church & Castle are on your left). ♦ At the bottom of the hill, go straight over the **rbt** by the Leisure Centre. ♦ Tiverton Rugby Club can be found on your immediate left. [20.6]

Riders' notes: A gentle ride up the Exe Valley, but be alert for early motorists and don't ride abreast in narrow lanes. Water and fruit available at the refreshment stop, after which the 100 and 60-mile routes diverge.





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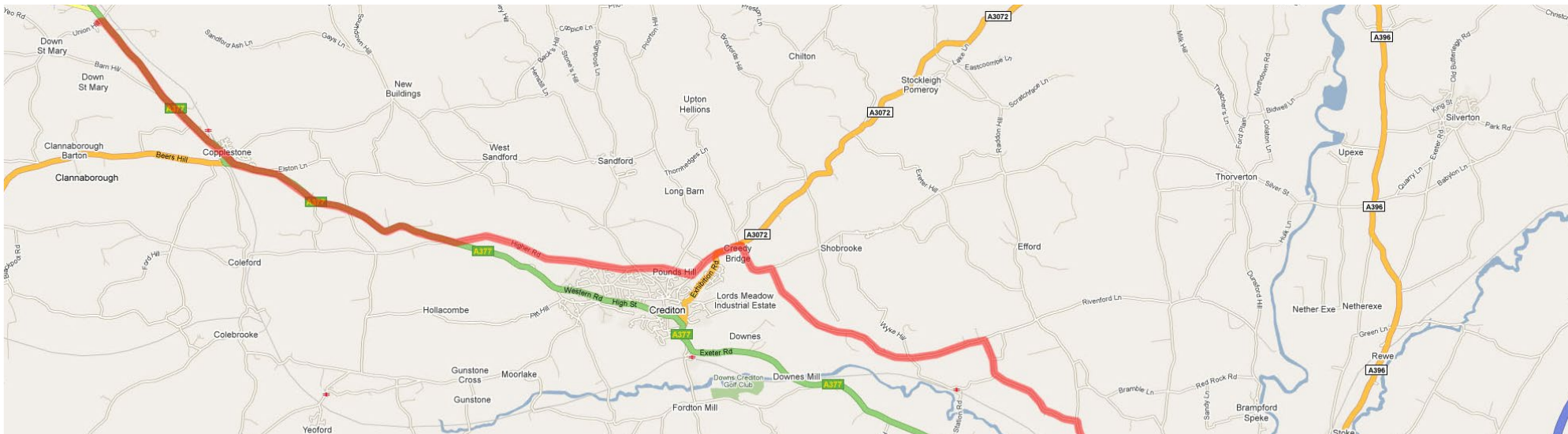
Stage 2 Tiverton to Morchard Road (19 Miles)

TnRt on leaving the Rugby Club and **TnRt** at the roundabout.
 ◆ Continue straight over the next rbt at Morrisons and **TnRt** at rbt (sp *Witheridge B3137*) [0.4]. After 200m **TnLt** onto Long Drag Hill **B3137** (sp *Witheridge*) [0.6] ◆ Pass through Witleigh and continue to **Nomansland**. **NEW STOP** – continue to Nomansland Cricket Club which is on your left [8.6] **Refreshment Stop** ◆ **TnLt** on leaving the Cricket Club B3137 ◆ **TnLt** at Westway Cross, (sp *Thebridge B3042*) [9.6] ◆ Continue to Thebridge Cross, and **TnLt** opposite pub [11.6] *Enjoy the downhill/uphill cycle to Black Dog.* ◆ On reaching Black Dog **TnRt** (sp *Morchard Bishop*) [13.5]. ◆ After passing Brownstone farm, the main road curves round to the left and then back to the right at Barton house – **don't go off on one of the various lanes.** There is another sharp right

turn just before the church [16.3]. Once in the centre of the village, **TnLt** at the crossroads (sp *Morchard Road, Crediton*). [16.6] ◆ **BRt** at Frost Cross fork. Continue up the hill and **TnRt** at Jane Ways Grave cross [17.3] ◆ Continue past Weeke farm to **Morchard Road** and the junction with the **A377**. The refreshment stop is on the opposite side of the road from the Devonshire Dumpling. [19]

Riders' notes: There is a long steady hill as you rise out of Tiverton towards Nomansland – be sure to have plenty of water for the ride. Flapjacks and squash served at Nomansland Cricket Club and full refreshments await you at Morchard Road so keep going!



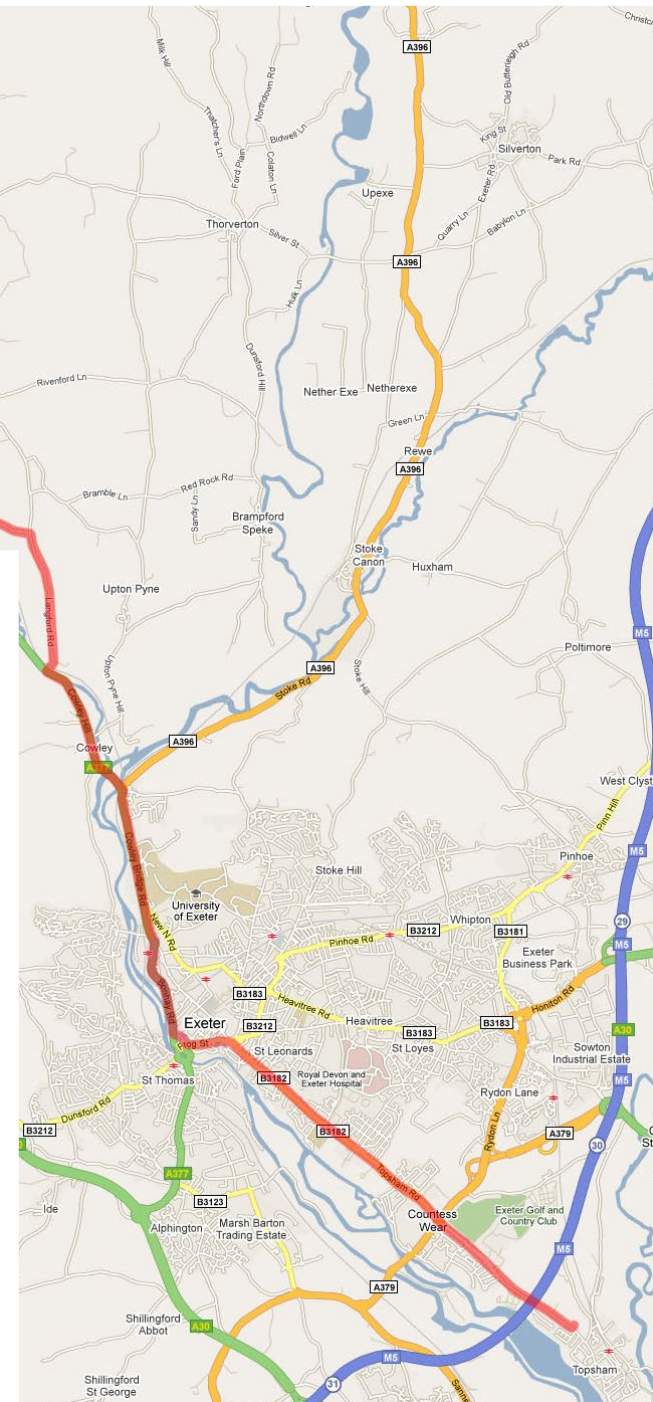


Stage 3 Morchard Road to Topsham RFC (19.4 miles)

Head off down the **A377**, follow the one way system through **Coplestone** and rejoin the A377 (sp *Exeter, Crediton*). [1.9] ♦ At Barnstaple Cross **TnLt** [4.2]. Continue over Forches Cross intersection [5.9]. ♦ Continue until you reach jct with **A3072** and **TnLt** Sp *Tiverton*. [6.8] ♦ At the pink thatched cottage on **Creedy Bridge TnRt** Sp *Shobrooke/Thorverton*. [7] ♦ **TnRt** opposite Shobrooke gatehouse. [7.3] ♦ **TnRt** at Shute Cross xroads (on right) Sp *Exeter*. [10.3] ♦ Continue through Langford, and over the rail line. **TnLt** at Newbridge Cross, the Junction with the **A377** [12.5] ♦ Continue along the **A377** and at **Cowley Bridge TnRt** on rbt **A377** (sp *City Centre*). [13.6] ♦ Shortly after Esso Garage, **BrRt** (sp *Plymouth, Torquay, Exeter St Davids*). [14.5] ♦ At the 2 mini rbts turn right then left onto Bonhay Road (the station is on your RIGHT). [14.8] ♦ Continue under the railway

bridge and past Mill on the Exe pub. Shortly afterwards, turn left into Tudor Street, by the Fitness First gym. [15.5] ♦ Turn left to join the bypass at the end of the road. ♦ Go up the bypass and make your way into the right hand lane to the major traffic lights at the top of the hill. ♦ At these lights, bear right following the signs for the *A376 Exmouth, A30 Honiton and M5* [16.0] ♦ Continue for approximately two miles along Topsham Road passing County Hall on your left to Countess Wear rbt [18.1]. Continue straight over to **Topsham RFC** on **LHS**. [19.4]

Riders' notes: the home run - but it's a long flog and you will be getting tired. Stay alert and prepare for city riding - potholes, traffic and congestion. However a friendly team, food, drink and live music await you at the Rugby Club.



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